

Pension Services

BCTF

A good place to start that leads you to other services and links on the BCTF Website
[Pensions and Retirement \(bctf.ca\)](https://www.bctf.ca)

Make an appointment with Sarb at BCTF

Sarb Lalli—Assistant Director, Pensions and Group Benefits
Work: 604-871-1949; cell: 236-330-8963

BC Teacher's Pension Plan

[Visit the Teachers' Pension Plan Website](#)

The Teachers' Pension Plan website is your best source of information about the Teachers' Pension Plan and your account.

[Introduction: Getting to Know Your Pension](#)

This 15-minute online course can answer your questions about having a pension and being a member of BC's Teachers' Pension Plan.

[Making the Most of Your Pension](#)

Are you establishing your career or several years away from retirement? This will help you plan for retirement and understand how the decisions you make in your career can affect your pension.

[Approaching Retirement](#)

Are you planning for or within five years of retirement? This will help you understand the important decisions you need to make about your pension.

Pension and Retirement Information and Guidance

[Pension and Retirement Advice from the BCTF](#)

Learn more about pensionable service, addresses of pension plan administrators, refunds, bridge calculations, purchasing service and more.

[Pension and Retirement Advice from the Teachers' Pension Plan](#)

Learn more about how your pension works, and how life events and career decisions can affect your pension. Includes information on applying for your pension, divorce and separation, investing, health coverage and more.

[Pension and Retirement Glossary from the Teachers' Pension Plan](#)

Pensions can be complicated. This A-Z glossary can help you understand the language.

BC Retired Teachers Association

[Join the BC Retired Teachers' Association](#)

As a BCRTA member you will have access to a wide range of extended health plan benefits, consumer and travel discounts, and many retirement resources. You will be part of an organization that stands up for education, for seniors, and for pension rights.